Vol. 15, No. 42 Friday, October 24, 2008

Inside



■ Movies this week: 'The Women' (above), 'Righteous Kill' and 'Tyler Perry's The Family That Prevs' **B4**

Education

Discover College information -- Trying to determine a future career or degree? The Force Development Flight can provide passwords to the DISCOVER Web site. This education tool can help determine your interest in civilian careers and degrees. For more information, stop by Hangar 2, Rm. 103, Monday-Friday from 8:30 a.m. to 3:30

AFCT rule change — Per AFI 36-2506 dated Sept. 24, 2008, in regard to the Air Force Classification Test (AFCT) scoring: "Only the most recent scores count as the official scores of record regardless of the outcome when compared to earlier test attempts." Members no longer have the option of choosing to keep previous/old scores. Effective immediately, TCOs/TEs must update the most current AFCT scores regardless of the exam results. For more information, call David Myers at 449-6363, ext. 252.

PME testing -

Individuals enrolled in voluntary Professional Military Education Course 12 or 14, SOS, ACSC, or AWC can contact the Force Development Flight at 15mss.dpe@hickam.af.mil to schedule exams. Testing is available on Tuesdays and Wednesdays be appointment only. Provide name, SSN, PME type and requested test date in the e-mail.

AWC enrollees – The Force Development Flight offers a special test session by appointment only on Thursday afternoons at 1 p.m. for the Air War College short answer examination. Space is limited. To schedule a test appointment, send an e-mail to 15mss.dpe@hickam.af.mil. Provide name, SSN and requested test date in the email. All other AWC exams can be scheduled during regular test sessions held on Tuesdays or Wednesdays.

News Notes

Youth Programs member**ship night** — Tonight, come spend a spooky and fun evening with Youth Programs tonight at the Sports & Fitness Center — wear a costume for the Halloween fashion show. This Youth Programs membership night event, which runs from 7 to 10 p.m., is free for 2008-2009 members and just \$5 for non-members ages 5-17. Membership is only \$36, so if you're not already part of the program, sign up tonight. For more information or to sign up, call 448-2287.



younger set readies itself for a

sugar rush their parents won't

soon forget, Services will hold its Halloween Bowl Bash Contest at the Hickam Skate

Registration for this event

spectators is only \$1 — with the

running from 2

said. "It'll be a

to 10 p.m.,"

ers to show

prizes, too.

win some great

starts at noon with an entry fee

of \$5 — and the entry fee for

By Dr. Philip Breeze 15th Airlift Wing Public Affairs chief

costume contest at Makai Recreation Center

According to Mr. Stanchfield, the contest

will be open to three

age categories: three

starting at 5 p.m."

Getting all her ducks in a row is only the beginning of the process for Warrior of the Week Staff Sgt. Christina Graham. Until each of those "ducks" is adequately trained and prepared for deployment, Sergeant Graham's job is not done.

More than 2,300 times a year the 118 members of the Wing Staff Agencies are involved in one mobility training event or another. Keeping track of all the training requirements, each individual's training status, and coordinating training opportunities to be sure everyone is up to date on all their deployment requirements are serious business. For Sergeant Graham, "UDM" stands for "UnDiluted Motivation."

"If I allow someone to deploy without sufficient and appropriate training, that puts them and the mission at risk," she said. "I owe it to them and to the Air Force not to let that happen."

That motivation was



Photo by Jeff Nicolay

Lt. Col. Jason Krinsky, 15th Airlift Wing inspector general, calls Staff Sgt. Christina Graham (above) an 'MVP on the Wing Staff Agency team.'

kicked into high gear as the Trade Towers came down and the Pentagon was attacked.

"I joined the Air Force right after the attacks occurred on 9/11," she said. "Like everyone says, they

can remember everything that took place in their lives on that day and won't ever forget it. One thing I won't

ever forget was the urge to want to help a nation whose causes I faithfully believe in.

"I was attending Sullivan University in Louisville KY at the time, I signed up in the delayed enlistment program right after my grandmother passed away and went to BMT nine months later. It was the greatest decision of my life," the sergeant added.

But serving her country has not meant abandoning her previous goals. Through exceptional effort and organization, Sergeant Graham has managed to meet her current obligations and pursue her future objectives simultaneously - and in her spare time she upholds and embodies the Air Force traditions of honor and respect for the fallen.

"Staff Sgt. Graham is an MVP on the Wing Staff Agency team," said Lt. Col. Jason Krinsky, 15 AW Director of Staff and Inspector General. "She helps ensure the WSA is combat ready. In addition she is pursuing a BS degree in management and is an invaluable member of the Honor Guard. Since July, she provided mili-

See WARRIOR, B5



Halloween events for youth start on Wednesday

Hickam Youth Programs presents a bevy of great Halloween activities starting with the Goblin Trolley on Wednesday. The trolley will make haunted house calls throughout Hickam base housing with special treats for kids from 4 to 6 p.m. Also on Wednesday, there's the Halloween Costume Contest at 5 p.m. at the Makai Recreation Center. Prizes will be awarded to the Most Creative, Cutest and Scariest costumes in three age categories. The Pumpkin Patch and Haunted House will be held Wednesday and Thursday at the Makai Recreation Tennis Courts. Come carve a pumpkin or tour the Haunted House at these spooktacular events. On Halloween day (next Friday), the Hickam Skate Hangar will play host to the Halloween Bowl Bash Contest. Registration begins at noon with competition beginning at 2 p.m. and running through 10 p.m. Awards will be given for each age division.

Thanksgiving is coming — make reservations now

Tickets for the Club's Thanksgiving Buffet or Turkey Take-Out go on sale on Wednesday. Tickets are available at both the Hickam Officers' and Enlisted Clubs. Take the stress out of your Thanksgiving feast plans with this traditional Club offer.

NFL tickets available at ITT starting Nov. 3

The 2009 NFL Pro Bowl

tickets go on sale at the Hickam Information, Tickets & Travel office on Nov. 3. Tickets will be sold on a first-come-first-served basis with a purchase limit of 10 tickets on the first day of the sale. Only reservation vouchers will be on sale with actual tickets being provided at a later date. Sideline seating is \$130 per ticket; end zone \$55 each. For purchasing details, log on to www.hickamservices.com or call ITT at 448-2295.

Get into costume, celebrate Halloween at the O' Club

The Casual Lifters will be performing live and in person at the Hickam Officers Club Halloween Costume Party next Friday. Come dressed for the occasion and enjoy the music, food and beverage specials. For details, call 448-4608.

Burn some calories with Hickam Water Fitness

Take a water fitness class with Hickam Outdoor Recreation and get a great workout without the stress. This is an excellent alternative to traditional exercise which can cause strain on joints and muscles. Water Fitness has an emphasis on toning and cardio. For more information, call Aquatics at 448-2223.

UFC full contact tomorrow

The exciting pay-for-view UFC Full Contact will be held tomorrow at the Hickam Enlisted Club. Don't miss this month's action as doors open at 4 p.m. This is an all ranks free event for Club members. Nonmembers pay \$10. For more information, call the Club at 448-2271.

Superferry salutes military with a great deal

Enjoy buy-one-get-one-free \$39 one-way fares to Maui for those with valid military ID cards (DoD civilians not eligible). Offer good with round-trip purchase and passengers must travel at the same time. Free fare does not include taxes and fees. Some restrictions apply. Special offer valid for travel booked and traveled by Dec. 15. Rates subject to change, offer only available from the Hickam ITT Office. For more information, call 448-2295.

Register now for Hickam Youth Basketball

Hickam Youth sports Basketball registration will be held at the Youth Sports & Fitness Center (Bldg. 1399) through Nov. 4. Youth born between 1994 and 2004 are eligible to register. Cost is \$65 for Youth Programs members and \$70 for non-members. A current physical and birth certificate must be turned in at the time of registration. For more information, call 448-4492.



Hip Hop Halloween Madness goes off next Friday

Join the ghostly fun at the Hickam Enlisted Club on Halloween Night at next Friday's Hip Hop Halloween Madness. Dress in your scariest costume and compete in the contest. Categories are 'Scariest,' 'Funniest' and 'Most Original.' There will also be a Hip Hop Battle on the microphone with a cash prize to the winner. Doc Jay will be spinning the ghoulish music from 10 p.m. to 2 a.m. For details, call 448-2271, ext. 223.

Buy scrip now for next weekend's Hickam Carnival

Scrip will again be used for purchases at the upcoming Hickam Carnival, the 5oth anniversary edition, to be held next Friday, Oct. 31 (Halloween night), Saturday, Nov. 1, and Sunday, Nov. 2. By purchasing scrip, we know that the Carnival will be a success. Scrip is used just like cash to buy food, rides, games and even a tall cold one from the beer garden! Even if you can't attend or don't have children to enjoy the fun, games and rides, you can buy scrip and donate it back to 15th Services which will invite children from Shriners Hospital and the Fisher House to participate. So buy scrip now!

Learn to surf in group class set for next Saturday

The popular Group Surfing Class at Hickam Outdoor Recreation will be held next Saturday. Learn how to enjoy Hawaii's number-one sport with instruction from the ODR staff. For more information or to register, call 449-5215.

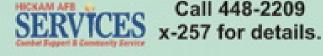
50th Hickam Carnival

Oct. 31 - Nov. 2 **Burger King Parking Lot**



Support Hickam's quality of life community and youth programs for active duty personnel and their families in 2009 by purchasing Pre-Carnival Scrip.

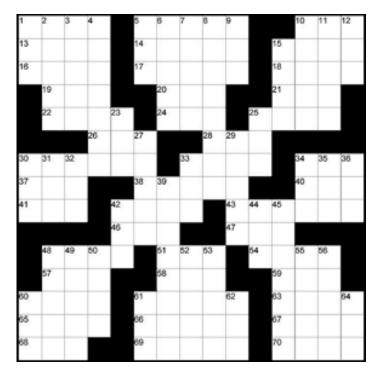
Scrip is used like cash at the Carnival to purchase food, games, Kiddieland and rides. Buy scrip at 15th Services facilities, the BX, Commissary and NEX.



Call 448-2209

Friday, October 24, 2008 **B3** Hickam Kukini

Crossword Puzzle: Hafa Adai Guåhan



26. Plugged in

28. Draft org.

30. Encrypt

33. Stitched

38. Locale

40. Epoch

34. Scientist's workplace

37. Yankee great Gehrig

41. A-Team member

43. Continent home to CJTF-

46. Country Guam is a territory

48. Okla. town home to Vance

51. Decoration above AFCOM

59. USAF unit responsible for

logistics and deployments

54. Southeast Asia person

57. Cow's uttering

58. Bullring cheer

60. Mud

42. Qatar capital

to, in brief

47. Greek letter

HOA

By Capt. Tony Wickman

71st Flying Training Wing

ACROSS

- 1. ___ and Span; household cleaner
- 5. MAJCOM the Guam base is assigned
- 10. Young man
- 13. Then
- 14. Vent
- 15. Col. Gregory __; current 36 WG/CV at Guam base
- 16. Hand part
- 17. Acute accent mark
- 18. Harbor home to USN base on Guam
- 19. Flightless birds of New Zealand
- 20. Fed. intel document related to national security issues
- 21. Ply
- 22. Foot covering
- 24. Sturgeon
- 25. Winter toy

- 63. Spy
- 61. Ambition
- 65. Grammy-award R&B singer James
- 66. Stadium
- 67. Betwixt
- 68. Burn residue
- 69. Game of chance 70. Quick rests

DOWN

- 1. Fall mon.
- 2. Strollers
- 3. Eskimo's house
- 4. Current Guam governor Felix Perez
- 5. Cooking utensil
- 6. Mocking
- 7. Hairs lining the human respiratory tract
- 8. Guam base namesake; home to the 36 WG
- 9. Compensation
- 10. Expire
- 11. Broadcasted
- 12. Genetic material
- 15. Amnion section; head covering for newborn baby
- 23. Child
- 25. Mil. ID
- 27. Mexico, Argentina and Chile currencies
- 29. Perspire
- 30. Shade provider 31. Neither's partner
- 32. Snip
- 33. Dead or Red
- 34. Aloha gift
 - 35. Circle part
 - 36. Sheep sound
 - 39. Native of Guam
 - 42. Useless bomb
- 44. Obese

SUDOKU

For solution, see SUDOKU, B4

1		9		2			3
		7	3	5			9
6	4			8			5
		5					
7	3					6	4
					9		
5			1			4	6
3			5	4	1		
2			6		5		7

See SOLUTIONS, B4

45. Brig. Gen. Philip M.

48. Sends off

Guam base

50. Small amount

56. Long Island town

60. Federal org. responsible for counternarcotics

62. Chinese Communist leader

64. Actors O'Neill and Harris

52. Slushy rain

53. Intended

55. Scent

61. Bean

Zedong

current 36 WG/CC at Guam

Field; original name for

Team Hickam History

The Air Force's most historic airfield

October 26, 1947 — The newly established Hawaii Wing, Air Force Association, holds its first official meeting at the Hickam Officers' Club with approximately 55 officers and enlisted personnel in attendance.

October 25, 1951 — The 1284th Air Transport Squadron is assigned to the 1500th Air Base Group, Hickam AFB.

October 30, 1960 — The first Military Air Transport Service (MATS) jet flight to Hickam AFB arrives from the West Coast with Maj. Gen. Russell L. Waldron, Western Transport Air Force commander, and his staff aboard. Flying time from Travis AFB to Hickam was reduced by three hours.

October 29, 1969 — The new Airmen's Dining Hall in Area 61, constructed by Thoht Construction at a cost of \$570,600.00, is accepted by the Air Force.

October 29, 1976 — The Combined Federal Campaign ends with \$153,000 and 49-percent participation, an increase over 1975.

> **October 30, 1976** — Hickam's K-9 dog kennel construction project is completed and accepted by the 15th Security Police Squadron.

October 27, 1981 — The 15th Air Base Wing receives the 1981 General Curtis E. LeMay Award for the most outstanding MWR program in the Air Force.

October 26, 1990 — The 15 ABW Family Support Center holds its first briefing for members deploying in support of Operation DESERT SHIELD and DESERT STORM, The FSC provided the briefing for deploying members of the 15th Security Police Squadron and the families, in preparation for their imminent departure to the Middle East.

RELIGIOUS OPPORTUNITIES

For more information on Base Chapel services, call the Chapel Center at 449-1754.

CATHOLIC

Nelles Chapel Weekday Mass Mon.-Thu., 11:30 a.m. Saturday Confessions 4:15 p.m. Saturday Vigil Mass 5 p.m. Chapel Center Sunday Mass 10:30 a.m.

PROTESTANT

Chapel Center Sunday Contemporary Service 8:30 a.m. Nelles Chapel Traditional/Liturgical Service 8:30 a.m. Gospel Service 10:30 a.m.

RELIGIOUS EDUCATION

(Catholic) Chapel Center Sunday (Sep-May) 9:00 a.m. (Protestant) Chapel Center Sunday (Sep-May) AWANA 3:00 p.m. Wednesday Sunday School Dinner 4:45 p.m.

Wednesday Sunday School

Classes 6:00 p.m

THE GATHERING **PLACE**

Airmen's Dorm Coffeehouse King Hall First Floor Dayroom - Bldg. 1856 - All Airmen welcome! Mon.-Thu. 6-10 p.m. Fri.-Sat. 6-11 p.m. Free gourmet espresso, cappuccinos, Italian sodas Video games, internet,

movies and more To Volunteer, call the Hickam Chapel Center at 449-1754

OTHER RELIGIOUS OPPORTUNITIES

Jewish Buddhist Orthodox Islamic

SOLUTIONS, From B3 ERGO TILDE PALM SOCK SLED SSS ENCODE SEWN SCENE DOHA AFRICA ENIDMSM DREAM ARENA LOTTO ETTA NAPS ASH

SUDOKU, From B3

1	5	9	4	7	2	6	8	3
8	2	7	3	6	5	4	1	9
6	4	3	9	1	8	2	7	5
9	6	5	8	4	1	7	3	2
7	3	1	2	5	9	8	6	4
4	8	2	7	3	6	9	5	1
5	9	8	1	2	7	3	4	6
3	7	6	5	9	4	1	2	8
2	1	4	6	8	3	5	9	7

AT THE MOVIES Memorial Theater 448-2297 • CLOSED Monday and Tuesday

Friday, 6 p.m.; Saturday and Wednesday, 7 p.m.

'Tyler Perry's The Family That Preys' — Charlotte and her dear friend Alice have enjoyed a lasting friendship throughout many years. Suddenly, their lives become mired in turmoil as their adult children's extramarital affairs, unethical business practices and a dark paternity secret threaten



to derail family fortunes and unravel the lives of all involved. During this turmoil, Charlotte and Alice decide to take a breather from it all — a cross-country road trip during which they rediscover themselves and come upon a way to possibly save their families from ruin. Starring Alfre Woodard and Sanaa Lathan.

Rated PG-13 for thematic material, sexual references and violence. Length: 111 min.

Friday, 8:30 p.m.

'Righteous Kill' — A serial murderer walks the streets of Manhattan, targeting violent felons who have fallen through the cracks of the judicial system. All the bodies are found accompanied by a four-line poem justifying the killings. Detectives Turk and Rooster are called in to investigate the case that could

easily be the biggest one in their 30 years on the force. With the unwitting help of a local drug dealer, the detectives follow what few clues they have. But their search soon turns inward, eventually leading them full circle as it dawns on them that the killer may be one of their own. Starring Robert DeNiro and Al Pacino.

Rated R for violence, pervasive language, sexuality and drug use. Length: 101 min.

Sunday, 4 p.m.; Thursday, 7 p.m.

'The Women' — In New York City, Mary seems to have it all — a beautiful home, a rich financier husband, an adorable 11-yearold daughter and a career creating designs for her father's venerable clothing company. Her best friend Sylvie leads another envi-



able life — as a happily single editor of a prominent fashion magazine. But when Mary's husband enters into an affair with Crystal — a sultry "spritzer girl" lurking behind the Saks Fifth Avenue perfume counter — all hell breaks loose. Starring Meg Ryan and Eva Mendes.

Rated PG-13 for sex-related material, language, drug use and smoking. Length: 114 min.

HEALTH AND WELLNESS

Hickam students make a scene



Photo by Jeff Nicolay

High school students Danielle Lingham (left) and Antonio McKinney act out a fictional dating violence scenario during last Friday's Teen Dating Violence Workshop held at the Hickam Community Housing Community Center. Facilitated by Stephanie Ragolia, Teen Alert Program coordinator with the Domestic Violence Action Center, the effort was the first of two events on base this month, the second being a similar program held Wednesday at Hickam's dorms.

WARRIOR, From B1 -

tary honors during 11 ceremonies and funerals as part of the rifle team and flag detail.

"Best of all, she embodies the AF core values and takes on new challenges with a smile."

It has not been a one-way — give, give, give — street for Sergeant Graham, however. She has picked up and honed a few life skills along the way.

"The Air Force has taught me many things I don't think I would've learned so quickly if I hadn't joined," she said. "The Air Force has taught me patience, discipline, leadership skills, and most importantly; it's taught me that no matter what, there will be people who will stick by your side when the rest of the world doesn't. Sometimes Americans can be so naive of the views from the rest of the world.

"One person, in particular, who has truly made an impact on how I view the military and how women serving in it have really helped make it as great as it is today is Ms. Deb Straight, the deputy IG. As a woman serving in the United States

Marine Corps, she rose through the ranks to become a Master Gunnery Sergeant. What an inspiration! If she is reading this right now, I would like to tell her 'thank you for all your wisdom.'"

Having recently re-enlisted and been tapped for recruiting duty with the 314th Recruiting Squadron in Mercerville, New Jersey, Sergeant Graham and her husband, Tech. Sgt. Matthew Graham (who also re-enlisted at her side), will soon say good-bye to Hawaii and the once-in-a-lifetime recreational opportunities a Hickam assignment brings.

"We enjoy scuba diving. My husband and I have managed to take advantage of the chance to dive in the waters surrounding each of the major Hawaiian islands. I'm sure there are avid scuba divers all over the world who will never have the chance to do that," she said.

And there is no doubt that if, in her aquatic activities, Sergeant Graham encounters any ducks, she'll get them lined up and prepared to be the best ducks they can be, and we'll all be better off as a result.



Exercise: Standing triceps extension Muscle: Arms (triceps)



- Start by positioning yourself with both feet about six inches apart, pointed straight and slightly bend hips forward
- Both hands should be shoulder-width apart using a neutral grip along with keep ing knees slightly bent for a stable stance
- From start position, extend elbows from chest level down to middle of legs (quads)
- In a controlled manner, flex elbows upward back towards chest level
- Do not move shoulders

 all motion comes
 from the elbows
- Maintain stability and complete steps until you've reached the desired number of reps.



Model: Major Chris Henry, 15th Services Squadron commander, assisted by Senior Airman Michael Sanders

Photo by Tech. Sgt Brandi Thomas, NCOIC, Fitness